

## LESSON VII: THE WORLD IN TUNE- THE THIRD TESTIMONY - HARMONY

### Opening

Love does not recreate our brother (or sister) in our image; it recreates us both in relation to each other, united like limbs of one body yet each distinctly himself.

*Faith and Practice*, p. 74  
Philadelphia Yearly Meeting, 1997 revision.

*Songs*: Choose among: "Let There Be Peace on Earth", "No Man (One) is an Island", "Magic Penny", "I'd Like to Teach the World to Sing", all from *Songs of the Spirit*, or "Dona Nobis Pacem", "In Christ There Is No East or West", found in *A Hymnal for Friends*.

### Questions

1. When you are with a friend or a brother or sister, what things help you get along? Do you ever get into arguments or fights? What are these about? Why do they happen?
2. What are some things we can do to settle arguments? Name some good solutions and some bad ones.
3. Can you explain the word "harmony"? (You may want a musical adult or child to explain this word in layman's terms.)

### Lesson VII

*To the Teacher*: At this age, children can understand harmony as getting along and disharmony as not getting along. While we stress settling conflicts, it is important to acknowledge that everyone feels angry sometimes.

### Supplies Needed

#### For Pennies:

Large (12") cardboard circles  
Gummed paper  
Stickers  
Markers  
Other decorations for "Magic Pennies"  
Scissors  
Glue

#### For Sponge Painting:

Sponges  
Tempera  
White paper  
Aluminum pie pans

### Opening Story

Read a children's book in which a conflict is resolved. Three good choices: *The Berenstain Bears Get In a Fight* by Stan and Jan Berenstain, Random House, 1982; *Best Friends for Frances* by Russell Hoban, Harper & Row, 1969; and "The Zax" in *The Sneetches and Other Stories* by Dr. Seuss, Random House, 1961.

Ask questions such as (adapt to the story you use):

1. Which characters were angry?
2. Why were they angry?
3. What did they do when they were angry?
4. Did they settle their problems? How?
5. What do you do when you get angry?
6. What are some things you can do to settle arguments?

### *Song and Activity*

Sing "Magic Penny", from *Songs of the Spirit*. Precut large circles out of cardboard and write "Magic Penny" on each one. Each child makes one (or more) "Magic Penny" to give away to someone he/she loves. Have gummed paper shapes or gummed paper to cut into shapes, stickers, markers, buttons, feathers, cutout pictures available for decorating the "Pennies". As the children finish, help them write on the penny the name of the person the "penny" is for. Holding the "pennies", sing the song again.

### *Alternative activity*

At the end of *The Berenstain Bears Get in a Fight*, Mama Bear compares getting angry to a thunderstorm (the argument) followed by a rainbow (settling the argument). If you have read this story or want to use this image, have the children make rainbows using the following directions:

1. Cut sponges into 2" circles, at least 5, one for each color.
2. Cover work area with newspaper.
3. Provide each child with a large, thick, absorbent piece of white paper. (Watercolor paper or good drawing paper is best)
4. Mix tempera or finger paint in aluminum pie pans: blue, red, yellow, green, orange, purple, etc.
5. Using the sponges to apply the paint, the children make rainbows. Most children know what a rainbow looks like, but you can provide an example if necessary.
6. Be careful to keep each sponge in its own color. Spread the pie pans down the center of the table and pass them as needed.

### *Cooperation Games*

Play a game in which the children do something together. Use the word "cooperate" when you explain how to play.

Some ideas for cooperative games:

- **Rocking Game (from Burma)**

The children sit in a line one behind the other on the floor or ground, with their feet stretched out straight in front of them, touching the back of the one ahead. They stretch out their hands to reach the shoulders of the child ahead, and in that position they sing to the tune of the chorus of "Jingle Bells":

All together, all together,  
Now we rock and rock,  
Just like birdies in the trees,  
Sing and rock and rock.

All together, all together,  
Oh, what fun for all!  
Just like birdies in the trees,  
Look out! Whee-ee-ee! We'll fall!

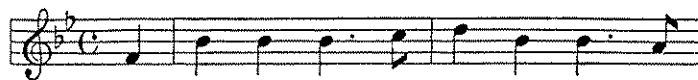
(As they sing, "We'll fall," the children all tumble over.)

- **Clapping Game**

One person goes out of the room. The rest of the group decides on an object for the person to find. The person returns to try to find the object while the group claps. The group will help the person complete the task by clapping louder and louder as the person approaches the object. If the person is far away from the object, the clapping is soft.

• The Muffin Man

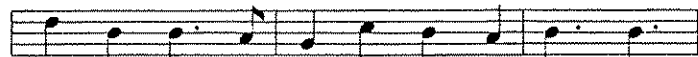
The players form a circle with one child standing in the center. The children dance around the circle as they sing the first half of the verse. They stand still and begin to sing the second half. The child in the center chooses a partner and joins hands with him. The two of them dance around inside the circle while the rest of the verse is sung. At the end of the verse the child who did the choosing goes back to the ring. The partner now stands in the center, the verse is sung again, and the game proceeds.



Oh, have you seen the muf - fin man, the  
Oh, yes, I've seen the muf - fin man, the



muf - fin man, the muf - fin man? Oh, have you seen the  
muf - fin man, the muf - fin man. Oh, yes, I've seen the



muf - fin man that lives in Dru - ry Lane, O!  
muf - fin man that lives in Dru - ry Lane, O!

- Other ideas can be found in Lesson IV.

*Closing*

Gather in a circle. Do the quieting-down finger play in Lesson II. Sit quietly. Ask the children to think about someone they love. Sing "As We Leave This Friendly Place" and shake hands.