Quaker Testimonies

Equality

As long as you keep a person down, some part of you has to be down there, to hold him down, so it means you cannot soar as you otherwise might.

Marian Anderson

Justice cannot be for one side alone, but must be for both.

Eleanor Roosevelt

Men their rights and nothing more; women their rights and nothing less.

Susan B. Anthony and Elizabeth Cady Stanton

For a long time they looked at the river beneath them, saying nothing, and the river said nothing too, for it felt very quiet and peaceful on this summer afternoon.

"Tigger is all right really," said Piglet lazily.

"Of course he is," said Christopher Robin.

"Everybody is *really*, said Pooh. 'That's what *I* think," said Pooh. "But I don't suppose I'm right," he said.

"Of course you are," said Christopher Robin.

A A Milne, In Which Pooh Invents a New Game and Eeyore Joins In, 1928

Do I try to be friends with people who are different from me?

Do I make sure that others know that it is unacceptable to treat differently people who look or act or believe differently from me?

What would happen if I were only friends with people who were the same race and religion as me? Would I notice a difference in my life?

Do I treat everyone in my community with dignity and respect and friendliness?

