

# Integrity

[Folks] are certainly entitled to think that [they're right and I'm wrong], and they're entitled to full respect for their opinions", said Atticus, "but before I can live with other folks I've got to live with myself. The one thing that doesn't abide by majority rule is a person's conscience."

*Atticus in To Kill a Mockingbird, by Harper Lee, 1960*

Truth is like the North Star: it points the way.

*Robert Lawrence Smith, A Quaker Book of Wisdom*

[Integrity] calls us to be truly who we are and not to be two-faced by trying to be something or somebody we are not.

*Faith & Practice, 1997, Philadelphia Yearly Meeting*

Truth is the only safe ground to stand on.

*Elizabeth Cady Stanton*

Why is it important to tell the truth? What can happen when we don't tell the truth?

What is most important in my life? If a stranger followed me around and watched what I do and say everyday, would she be able to figure out correctly what the most important thing is?

What helps me decide what is the right thing to do?

What do I do when my idea about what is "true" or "right" is different than someone else's?

Do I have a style that expresses myself or that pleases others?