

Peace begins with a smile - smile a hundred times a day at someone you don't really feel like smiling at - do it for peace. In this way we will spread the peace of God, and in this way we will shine with His light, and in the world and in the hearts of men we will snuff out all hatred and all love of power.

Mother Teresa

One little person, giving all of her time to peace, makes news. Many people, giving some of their time, can make history.

Peace Pilgrim

I am only one; but still I am one. I cannot do everything, but still I can do something. I will not refuse to do the something I can do.

Helen Keller

Peace is more than the abolition of war. Peace is world law with love, justice and freedom.

Friends Coordinating Committee on Peace, Philadelphia, 1967

It is no use opposing great wars if there are small ones in our lives. If we quarrel with other people and bear them grudges, we are causing a state of war around us.

Richard N Bernard, <u>A Young Person's Guide to Quaker Faith & Practice</u>

I live in the Life and the Power that takes away the occasion for all wars. George Fox

How do I create peace in my own life every day?

How can I help change the way the world works so that peace is natural?

Can a person or a country create peace by participating in a war?

How can I remain peaceful if people around me are fighting?

